

# Pontcanna 5

## Sunday 6th July 2014

pos	no.	name	club	age group	time
1	426	Matthew Wells	Bridgend AC	SM	00:27:30
2	428	Ben Sears	Pontypridd Roadents	SM	00:28:16
3	436	Jason Kiely	Unattached	SM	00:29:12
4	425	Gavin Gates	Bridgend AC	SM	00:29:31
5	420	Owen Haynes	Unattached	MV45	00:29:48
6	439	Elio Lepore	Les Croupiers RC	MV60	00:30:54
7	423	Lyndon Tudor-Maisey	Les Croupiers RC	SM	00:31:09
8	427	Brian Dias	Les Croupiers RC	SM	00:31:13
9	429	David Proud	Les Croupiers RC	MV45	00:31:36
10	432	Alun Davies	Les Croupiers RC	SM	00:31:47
11	421	Paul Morris	Les Croupiers RC	MV55	00:34:14
12	422	Clive Osmond	Les Croupiers RC	MV50	00:34:15
13	435	Alan Mason	Les Croupiers RC	MV50	00:34:20
14	441	John O'Shea	Les Croupiers RC	MV55	00:34:56
15	440	Terry Caveney	Les Croupiers RC	MV50	00:35:00
16	438	Richard Vaughan	Unattached	MV40	00:35:00
17	580	Aine Kenny	Les Croupiers RC	SW	00:35:12
18	437	Chris Leach	Unattached	MV55	00:36:21
19	424	Andrew Cleverley	Pegasus RC	MV45	00:37:00
20	434	Rod Perons	Les Croupiers RC	MV50	00:37:01
21	433	Peter Heckles	Unattached	SM	00:37:14
22	582	Julie Scholey	Les Croupiers RC	FV55	00:37:57
23	431	Michael Llewellyn	Les Croupiers RC	MV45	00:40:05
24	419	Stuart Harding	Unattached	SM	00:40:21
25	579	Susan Bowes	Unattached	FV35	00:40:23
26	430	Lawrence Gray	Unattached	SM	00:42:52
27	418	Peter Hodges	Unattached	MV50	00:43:59
28	581	Tracey Newman	Les Croupiers RC	FV40	00:47:21
29	578	Sarah Perons	Les Croupiers RC	FV50	00:47:27
30	583	Karen Phillips	Les Croupiers RC	FV45	00:51:31
31	576	Claire Hodges	Unattached	SW	00:53:46
32	577	Elizabeth Hodges	Unattached	FV50	00:56:29