



Cardiff Running events



WELSH ATHLETICS
ATHLETAU CYMRU

Saturday 14th September 2019

Cardiff International Sports Campus

2.30pm	Number collection opens	
4.00pm	Race 1	10K "B"
5.20pm	Race 2	Mile "D"
5.40pm	Race 3	Mile "C"
6.00pm	Race 4	Mile "B"
6.15pm	Race 5	Mile "A"
6.30pm	Race 6	Invitation 1500m
6.45pm	Race 7	10K "A"

Final Timetable