

Cardiff Summer Series 1 mile

Overall Male Runner

Place	Bib #	Name	Time	Type	City
1	676	CONNOR MCCANN	00:04:36	Runner	Cardiff Athletics
2	671	OLIVER WILLIAMS	00:04:41	Runner	Pontypridd Roadents
3	690	ALEX PRICE	00:04:42	Runner	Les Croupiers Rc

Overall Female Runner

Place	Bib #	Name	Time	Type	City
1	105	REBECA HARRIES	00:05:28	Runner	Cardiff Amateur AC
2	684	RHIANNON DERRICK	00:06:02	Runner	Cardiff Athletics
3	685	NEVE JONES	00:06:05	Runner	Cardiff Athletics

Male 40 - 49

Place	Bib #	Name	Time	Type	City
1	87	EDWARD DONOVAN	00:05:02	Runner	Les Croupiers RC
2	37	JON BELCHER	00:05:14	Runner	Llisbury Runners
3	682	ALVILS BERZINSKIS	00:05:15	Runner	Les Croupiers Rc

Male 50 - 59

Place	Bib #	Name	Time	Type	City
1	115	ADRIAN LEWIS	00:05:01	Runner	Aberdare Valley AAC
2	680	EMYR MORGAN	00:05:20	Runner	Les Croupiers RC
3	668	COLIN WILLIAMS	00:05:23	Runner	Les Croupiers

Female 35 - 44

Place	Bib #	Name	Time	Type	City
1	652	ELIZABETH NEVILLE	00:06:09	Runner	Les Croupiers
2	660	ALICE ROTHWELL	00:06:25	Runner	
3	48	RUTH CANN	00:06:45	Runner	Penarth and Dinas Runners

Female 45 - 54

Place	Bib #	Name	Time	Type	City
1	674	CATHERINE BARKER	00:06:22	Runner	Penarth and Dinas Runners
2	99	CAROLE GODDARD	00:06:40	Runner	Les Croupiers
3	83	SARAH DAVIES	00:06:43	Runner	Ogmore Phoenix Runners

Female 55 - 64

Place	Bib #	Name	Time	Type	City
1	57	KAY CHAPMAN	00:06:24	Runner	Les Croupiers RC
2	102	SALLY GROVES	00:07:10	Runner	Pegasus RC
3	662	JULIE SCHOLEY	00:07:22	Runner	Les Croupiers RC

Female 65 - 120

Place	Bib #	Name	Time	Type	City
1	116	JULIE LEWIS	00:08:18	Runner	Les Croupiers
2	650	GILLIAN MURPHY	00:08:42	Runner	Les Croupiers
3	691	HELEN LLOYD JONES	00:12:26	Runner	Pegasus Rc

Male 60 - 69

Place	Bib #	Name	Time	Type	City
1	126	MICK MCGEOCH	00:06:39	Runner	Les Croupiers
2	675	GARY JOHN	00:06:59	Runner	Les Croupiers RC
3	124	ALAN MASON	00:07:07	Runner	Les Croupiers

Male 0 - 19

Place	Bib #	Name	Time	Type	City
1	111	JOSEPH JAMES	00:05:33	Runner	Cardiff Athletics
2	677	NYE DONOVAN	00:08:28	Runner	Cardiff Athletics

Female 0 - 19

Place	Bib #	Name	Time	Type	City
1	121	EVA MARTIN	00:06:28	Runner	Cardiff Amateur AC