

Cardiff Running Events - Virtual Racing 2020

Cardiff Summer Series 2 mile

Friday 29th May 2020



| Pos | Time | First Name | Last Name | Category | Gender | Age Group | Club |
|-----|----------|------------|---------------|----------|--------|-----------|-------------------------|
| 1 | 9:47.00 | Rhys | Hardman | U17M | M | U17 | Cardiff Archers |
| 2 | 10:03.00 | Symon | Murphy | M35 | M | V35 | Pontypridd Roadents |
| 3 | 10:12.00 | Dylan | Nazareth | U20M | M | U20 | Les Croupiers RC |
| 4 | 10:17.00 | James | Thie | M40 | M | V40 | Cardiff AAC |
| 5 | 10:21.00 | Ben | Butler-Madden | M35 | M | V35 | Pontypridd Roadents |
| 6 | 10:25.00 | Neil | Reynolds | M35 | M | V35 | San Domenico RC |
| 7 | 10:26.00 | Glyn | Fletcher | M40 | M | V40 | Les Croupiers RC |
| 8 | 10:28.00 | Edward | Matthews | SM | M | SEN | unattached |
| 9 | 10:28.00 | Robert | Chenery | SM | M | SEN | Ipswich JAFFA RC |
| 9 | 10:28.00 | John | Morris | M35 | M | V35 | Les Croupiers RC |
| 9 | 10:33.00 | Billy | Hayton | SM | M | SEN | Pontypridd Roadents |
| 12 | 10:37.00 | Jon | Belcher | M40 | M | V40 | Lliswerry Runners |
| 13 | 10:40.00 | Toby | Jones | M35 | M | V35 | Lliswerry Runners |
| 14 | 10:40.00 | Richard | Jones | M45 | M | V45 | Lliswerry Runners |
| 15 | 10:47.00 | Matthew | Hurford | M45 | M | V45 | Les Croupiers RC |
| 16 | 10:59.00 | Bethan | Hardman | U15G | F | U15 | Cardiff Archers |
| 17 | 10:59.00 | Ian | Southwell | M35 | M | V35 | Penarth & Dinas Runners |
| 18 | 11:10.00 | Phil | Cook | M50 | M | V50 | unattached |

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|----|----------|-----------|---------------|-----|---|-----|-------------------------|
| 19 | 11:17.00 | Andrew | Blair | M55 | M | V55 | Les Croupiers RC |
| 19 | 11:17.00 | Adrian | Lewis | M45 | M | V45 | Aberdare VAAC |
| 21 | 11:21.00 | Nathan | Christoforato | M35 | M | V35 | Penarth & Dinas Runners |
| 22 | 11:23.00 | Ben | Kennedy | SM | M | SEN | Les Croupiers RC |
| 23 | 11:26.00 | Mark | Furnish | SM | M | SEN | San Domenico RC |
| 24 | 11:28.00 | Andy | Pearce | M50 | M | V50 | Penarth & Dinas Runners |
| 25 | 11:32.00 | David | Craig | M40 | M | V40 | Les Croupiers RC |
| 26 | 11:33.00 | David | James | M60 | M | V60 | Les Croupiers RC |
| 27 | 11:33.00 | Matt | Turner | M40 | M | V40 | San Domenico RC |
| 28 | 11:33.00 | Gareth | Morgan | M45 | M | V45 | Les Croupiers RC |
| 29 | 11:37.00 | Paul | Morton | M35 | M | V35 | Penarth & Dinas Runners |
| 29 | 11:41.00 | Rían | O'Dwyer | M45 | M | V45 | unattached |
| 31 | 11:42.00 | Simon | Miles | M40 | M | V40 | Pontypridd Roadents |
| 32 | 11:43.00 | Niki | Puleio | M40 | M | V40 | Ogmore Pheonix Runners |
| 33 | 11:49.00 | Joe | Turner | SM | M | SEN | Penarth & Dinas Runners |
| 34 | 11:49.00 | Tomos | Phillips | SM | M | SEN | CDF Runners |
| 35 | 11:50.00 | Adrian | Pearce | M50 | M | V50 | Ogmore Pheonix Runners |
| 36 | 11:52.00 | Vincent | Nazareth | M55 | M | V55 | Les Croupiers RC |
| 36 | 11:55.00 | John | Light | M40 | M | V40 | San Domenico RC |
| 36 | 12:03.00 | Richard | Lloyd | M40 | M | V40 | Aberdare VAAC |
| 39 | 12:06.00 | Alun | Wood | M35 | M | V35 | Pont-Y-Pwl |
| 39 | 12:06.00 | Paul | Carter | M35 | M | V35 | unattached |
| 39 | 12:10.00 | Elliott | Saunders | SM | M | SEN | unattached |
| 42 | 12:15.00 | Anthony | Bannon | SM | M | SEN | Penarth & Dinas Runners |
| 43 | 12:17.00 | Nathaniel | Palmer | M50 | M | V50 | Les Croupiers RC |
| 44 | 12:17.00 | Simon | Gill | M40 | M | V40 | Lliswerry Runners |
| 44 | 12:19.00 | Sam | Howell-Jones | SM | M | SEN | Pontypridd Roadents |

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|----|----------|-----------|-------------|------|---|-----|-------------------------|
| 46 | 12:22.00 | Kevin | Chalke | M55 | M | V55 | Penarth & Dinas Runners |
| 47 | 12:28.00 | Jamie | Fenaroli | SM | M | SEN | Aberdare VAAC |
| 48 | 12:32.00 | Bethan | Meyrick | U17W | F | U17 | Cardiff AAC |
| 49 | 12:36.00 | Andrew | Dawe | M50 | M | V50 | Lliswerry Runners |
| 50 | 12:36.00 | Richard | Edge | M40 | M | V40 | CDF Runners |
| 51 | 12:39.00 | Maria | Zubizarreta | W50 | F | V50 | Les Croupiers RC |
| 52 | 12:40.00 | Huw | Davies | SM | M | SEN | Pontypridd Roadents |
| 53 | 12:40.00 | Marcus | Meyrick | M50 | M | V50 | Les Croupiers RC |
| 54 | 12:40.00 | Martin | McClatchey | SM | M | SEN | Les Croupiers RC |
| 55 | 12:42.00 | Sharon | Leech | W50 | F | V50 | Swansea Harriers |
| 55 | 12:43.00 | Gareth | Hardman | M55 | M | V55 | Pontyclun RR |
| 57 | 12:43.00 | Brian | Law | M60 | M | V60 | Penarth & Dinas Runners |
| 58 | 12:45.00 | Jon | Ely | M40 | M | V40 | Penarth & Dinas Runners |
| 59 | 12:47.00 | Kit | Lambert | M40 | M | V40 | Penarth & Dinas Runners |
| 59 | 12:49.00 | Steve | Chadwell | M45 | M | V45 | Les Croupiers RC |
| 61 | 12:50.00 | Gareth | Logan | SM | M | SEN | Les Croupiers RC |
| 62 | 12:53.00 | James | Bruce | M45 | M | V45 | Les Croupiers RC |
| 62 | 12:54.00 | Paul | Mcgilvray | M50 | M | V50 | Penarth & Dinas Runners |
| 64 | 12:55.00 | Mabli | Phillips | U13G | F | U13 | Cardiff AAC |
| 64 | 12:56.00 | Phillip | Lee | M45 | M | V45 | Caldicot RC |
| 66 | 12:58.00 | Liz | May | W40 | F | V40 | Pontypridd Roadents |
| 67 | 12:58.00 | Catherine | Barker | W40 | F | V40 | Penarth & Dinas Runners |
| 67 | 12:59.00 | Harry | Turner | U13B | M | U13 | Cardiff AAC |
| 69 | 13:11.00 | James | Thomas | SM | M | SEN | Les Croupiers RC |
| 70 | 13:15.00 | David | Brown | M45 | M | V45 | Penarth & Dinas Runners |
| 70 | 13:20.00 | David | Walker | M60 | M | V60 | Les Croupiers RC |
| 72 | 13:20.00 | Jordan | Brown | M35 | M | V35 | Pontypridd Roadents |

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|----|----------|----------|-------------|-----|---|-----|-------------------------|
| 73 | 13:21.00 | Simon | Williamson | M60 | M | V60 | Penarth & Dinas Runners |
| 74 | 13:22.00 | Gareth | Jenkins | M35 | M | V35 | Ogmore Pheonix Runners |
| 75 | 13:24.00 | Chris | Seal | SM | M | SEN | Penarth & Dinas Runners |
| 76 | 13:30.00 | Jen | Coleman | W45 | F | V45 | Les Croupiers RC |
| 77 | 13:34.00 | David | Cornock | M55 | M | V55 | Barnes Runners |
| 78 | 13:41.00 | Claire | Jacobs | W45 | F | V45 | Les Croupiers RC |
| 79 | 13:46.00 | David | Quartermain | SM | M | SEN | unattached |
| 80 | 13:46.00 | Hayley | Jackson | W45 | F | V45 | Park Bryn Bach RC |
| 81 | 13:46.00 | Claire | Bruce | W40 | F | V40 | Les Croupiers RC |
| 81 | 13:49.00 | Julie | Chamberlain | W35 | F | V35 | Cardiff AAC |
| 83 | 14:00.00 | Bethan | Apglyn | SW | F | SEN | Penarth & Dinas Runners |
| 84 | 14:12.00 | Stephen | Locke | M45 | M | V45 | Pontypridd Roadents |
| 84 | 14:16.00 | Emma | Loyns | W40 | F | V40 | Ogmore Pheonix Runners |
| 86 | 14:16.00 | Susan | Bowes | W40 | F | V40 | Les Croupiers RC |
| 86 | 14:18.00 | Brian | Dias | M35 | M | V35 | Cardiff AAC |
| 88 | 14:19.00 | Malcolm | Bradley | M65 | M | V65 | Penarth & Dinas Runners |
| 89 | 14:20.00 | Jemma | Sedgmond | SW | F | SEN | Les Croupiers RC |
| 90 | 14:21.00 | Louise | Muteham | W35 | F | V35 | Lliswerry Runners |
| 91 | 14:22.00 | Sarah | Mccarthy | W45 | F | V45 | Les Croupiers RC |
| 92 | 14:23.00 | Lisa | Cleary | W55 | F | V55 | Penarth & Dinas Runners |
| 93 | 14:23.00 | Caroline | Thomas | W35 | F | V35 | Blaenau Gwent AC |
| 94 | 14:24.00 | Libby | Crees | W50 | F | V50 | Les Croupiers RC |
| 95 | 14:25.00 | Jamie | Clode | M35 | M | V35 | unattached |
| 96 | 14:25.00 | Louise | Hunt | W35 | F | V35 | Penarth & Dinas Runners |
| 97 | 14:37.00 | Zoe | Jacobs | SW | F | SEN | Les Croupiers RC |
| 98 | 14:41.00 | Debbie | Warburton | W50 | F | V50 | Penarth & Dinas Runners |
| 99 | 14:43.00 | Morwenna | Charman | SW | F | SEN | San Domenico RC |

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|-----|----------|-----------|--------------|-----|---|-----|-------------------------|
| 100 | 14:44.00 | Tim | Davies | M40 | M | V40 | Pontypridd Roadents |
| 101 | 14:44.00 | Sarah | Davies | W45 | F | V45 | Ogmore Pheonix Runners |
| 102 | 14:45.00 | Claire | Dunbar-Bowen | W40 | F | V40 | Ogmore Pheonix Runners |
| 103 | 14:47.00 | Mark | Prosser | M45 | M | V45 | Fairwater Runners |
| 104 | 14:50.00 | Andy | Davies | M55 | M | V55 | Pontypridd Roadents |
| 105 | 14:53.00 | Colin | Caesar | M45 | M | V45 | Penarth & Dinas Runners |
| 106 | 14:59.00 | Ellen | Sugden | W40 | F | V40 | Pegasus RC |
| 107 | 15:01.00 | Rhydian | Sandbrook | M35 | M | V35 | Pegasus RC |
| 108 | 15:04.00 | Alan | Mason | M60 | M | V60 | Les Croupiers RC |
| 109 | 15:06.00 | Mark | Keats | M35 | M | V35 | Pegasus RC |
| 110 | 15:06.00 | Adam | Sedgmond | M35 | M | V35 | unattached |
| 111 | 15:08.00 | Sally | Groves | W55 | F | V55 | Pegasus RC |
| 112 | 15:10.00 | Claire | Jarrom | W35 | F | V35 | Les Croupiers RC |
| 113 | 15:17.00 | Cat | Evans | W35 | F | V35 | unattached |
| 114 | 15:17.00 | Gail | Havard | W50 | F | V50 | San Domenico RC |
| 115 | 15:20.00 | Jenny | Martin | W40 | F | V40 | Les Croupiers RC |
| 116 | 15:20.00 | Jenna | Groves | SW | F | SEN | Pegasus RC |
| 117 | 15:21.00 | Keri | Jones | W45 | F | V45 | Park Bryn Bach RC |
| 118 | 15:21.00 | Hayley | Jones | SW | F | SEN | Lliswerry Runners |
| 119 | 15:23.00 | Kirsty | Bradshaw | W40 | F | V40 | Notts AC |
| 120 | 15:23.00 | Steve | Lewis | M60 | M | V60 | Les Croupiers RC |
| 121 | 15:25.00 | Elizabeth | Lucas | W50 | F | V50 | unattached |
| 122 | 15:26.00 | Denise | Bradley | W55 | F | V55 | Ogmore Pheonix Runners |
| 123 | 15:27.00 | Jozie | Postles | SW | F | SEN | Les Croupiers RC |
| 124 | 15:28.00 | Geraint | Phillips | SM | M | SEN | unattached |
| 125 | 15:28.00 | Emma | Prothero | SW | F | SEN | unattached |
| 126 | 15:31.00 | Dai | Phillips | M35 | M | V35 | Les Croupiers RC |

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|-----|----------|---------------|------------|------|---|-----|-------------------------|
| 127 | 15:32.00 | Bethan | Ford | W35 | F | V35 | Pontypridd Roadents |
| 128 | 15:32.00 | Richard | Ashton | M35 | M | V35 | unattached |
| 129 | 15:32.00 | Anthony | Kavanagh | M40 | M | V40 | Ogmore Pheonix Runners |
| 130 | 15:37.00 | Abyd | Quinn Aziz | M60 | M | V60 | Penarth & Dinas Runners |
| 131 | 15:42.00 | Stephen | Wood | M40 | M | V40 | Pegasus RC |
| 132 | 15:45.00 | Luke | Fletcher | U15B | M | U15 | unattached |
| 133 | 15:50.00 | Hannah | Withers | W45 | F | V45 | San Domenico RC |
| 134 | 15:51.00 | Karl | Johnson | SM | M | SEN | Ogmore Pheonix Runners |
| 135 | 15:51.00 | Mark | Herbert | M35 | M | V35 | Les Croupiers RC |
| 136 | 15:52.00 | Gareth | Davies | M40 | M | V40 | Penarth & Dinas Runners |
| 137 | 15:58.00 | James | Buckingham | M55 | M | V55 | Penarth & Dinas Runners |
| 138 | 15:59.00 | Joanne | Dunscombe | W45 | F | V45 | Pegasus RC |
| 139 | 16:02.00 | David | McDonald | M50 | M | V50 | Les Croupiers RC |
| 140 | 16:09.00 | Sarah | Burdett | SW | F | SEN | Les Croupiers RC |
| 141 | 16:19.00 | Mike | Behar | M55 | M | V55 | unattached |
| 142 | 16:27.00 | Angharad Mary | Price | W35 | F | V35 | Les Croupiers RC |
| 143 | 16:27.00 | Tracey | Creedon | W40 | F | V40 | Les Croupiers RC |
| 144 | 16:28.00 | Gary | Winter | M60 | M | V60 | unattached |
| 145 | 16:30.00 | Phill | Iveson | M50 | M | V50 | Ogmore Pheonix Runners |
| 146 | 16:50.00 | Julie | Broughton | W50 | F | V50 | Penarth & Dinas Runners |
| 147 | 16:51.00 | Andrew | Sedgmond | M65 | M | V65 | unattached |
| 148 | 16:58.00 | Cameron | Large | M45 | M | V45 | Penarth & Dinas Runners |
| 149 | 16:59.00 | Nigel | Adams | M55 | M | V55 | Penarth & Dinas Runners |
| 150 | 17:00.00 | Yvonne | Horvath | W50 | F | V50 | unattached |
| 151 | 17:04.00 | Glenn | Powell | M40 | M | V40 | Penarth & Dinas Runners |
| 152 | 17:11.00 | Andrea | Goodfellow | W50 | F | V50 | Penarth & Dinas Runners |
| 153 | 17:13.00 | Emma | Healy | W45 | F | V45 | Penarth & Dinas Runners |

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| 154 | 17:17.00 | Eve | Gallop-Evans | W55 | F | V55 | Les Croupiers RC |
| 155 | 17:17.00 | Elizabeth | Kenward | W55 | F | V55 | Lliswerry Runners |
| 156 | 17:18.00 | Mandy | Barrington | W55 | F | V55 | Penarth & Dinas Runners |
| 157 | 17:19.00 | Chirag | Patel | M45 | M | V45 | Les Croupiers RC |
| 158 | 17:21.00 | Colin | Crooks | M60 | M | V60 | Pegasus RC |
| 159 | 17:27.00 | Sian | Taylor | W35 | F | V35 | Les Croupiers RC |
| 160 | 17:28.00 | Clair | Charalambous | W40 | F | V40 | Les Croupiers RC |
| 161 | 17:30.00 | Richard | Jackson | M50 | M | V50 | Penarth & Dinas Runners |
| 162 | 17:31.00 | Katy | Griffiths | U13G | F | U13 | Ogmore Pheonix Runners |
| 163 | 17:32.00 | Phil | Groves | M60 | M | V60 | Pegasus RC |
| 164 | 17:37.00 | Ralph | Davey | M75 | M | V75 | Les Croupiers RC |
| 165 | 17:38.00 | Rhian | Llewellyn | W50 | F | V50 | Les Croupiers RC |
| 166 | 17:40.00 | Steph | Iveson | W35 | F | V35 | Ogmore Pheonix Runners |
| 167 | 17:49.00 | Arabella | Calder | W45 | F | V45 | Penarth & Dinas Runners |
| 168 | 17:55.00 | Amy | Winter | SW | F | SEN | unattached |
| 169 | 18:16.00 | Roshan | Khan | M65 | M | V65 | Les Croupiers RC |
| 170 | 18:20.00 | Angharad | Parry-Jones | W40 | F | V40 | Les Croupiers RC |
| 171 | 18:29.00 | Geoff | Wright | M70 | M | V70 | Les Croupiers RC |
| 172 | 18:38.00 | Gwynfor | Palfrey | M55 | M | V55 | Blaenau Gwent AC |
| 173 | 18:50.00 | Debbie | Rees | W55 | F | V55 | Penarth & Dinas Runners |
| 174 | 18:59.00 | Stephne | Puddy | W40 | F | V40 | Ogmore Pheonix Runners |
| 175 | 19:43.00 | Judith | Maragna | W65 | F | V65 | Penarth & Dinas Runners |
| 176 | 19:47.00 | Julie | Ransom | W45 | F | V45 | Ogmore Pheonix Runners |
| 177 | 19:48.00 | Dafydd | Lloyd | M50 | M | V50 | unattached |
| 178 | 20:17.00 | Eirian | Arwyn | W65 | F | V65 | Les Croupiers RC |
| 179 | 20:41.00 | Karen | Chadwell | W50 | F | V50 | Les Croupiers RC |
| 180 | 20:58.00 | Sue | Williams | W50 | F | V50 | unattached |

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|-----|----------|-------------|----------------|-----|---|-----|------------------------|
| 181 | 22:12.00 | Mary -Jayne | Granville | SW | F | SEN | Pencoed Panthers |
| 182 | 24:51.00 | Jane | Alexander McDo | W60 | F | V60 | unattached |
| 183 | 26:33.00 | Sarah | Meah | W55 | F | V55 | Les Croupiers RC |
| 184 | 26:57.00 | Helen | Williams T36 | W45 | F | V45 | Les Croupiers RC |
| 185 | 30:28.00 | Pippa | Clark | W35 | F | V35 | Ogmore Pheonix Runners |
| 186 | 34:11.00 | Lynda | Denholm | W50 | F | V50 | Ogmore Pheonix Runners |