

Summer Sizzler 5K

Place	Name	Club	Gender	Bib #	Gun Time	Chip Time	Division Rank
1	HALLAM GIRARDET	LES CROUPIERS RC	M: 1	680	00:15:44	00:15:42	Overall Male Runner: 1
2	MATTHEW VERRAN	SWANSEA HARRIERS	M: 2	911	00:15:58	00:15:57	Overall Male Runner: 2
3	JACK BLACKBURN	PONTYPRIDD ROADENTS	M: 3	566	00:16:07	00:16:05	Overall Male Runner: 3
4	GERAINT WILLIAMS	SWANSEA HARRIERS	M: 4	904	00:16:18	00:16:17	:
5	HARRY WARING	SAN DOMENICO	M: 5	946	00:16:25	00:16:23	:
6	SAM JONES	PARC BRYN BACH	M: 6	689	00:16:28	00:16:27	:
7	JACK REDDAWAY	LES CROUPIERS RC	M: 7	892	00:16:48	00:16:46	:
8	BEN KENNEDY	LES CROUPIERS RC	M: 8	695	00:16:59	00:16:57	:
9	IAN SOUTHWELL	LES CROUPIERS RC	M: 9	935	00:17:06	00:17:03	Male 50 - 59: 1
10	ED DAVIES	LES CROUPIERS RC	M: 10	942	00:17:17	00:17:13	:
11	REUBEN KEATING	LES CROUPIERS RC	M: 11	943	00:17:20	00:17:17	:
12	GARY BROWN	LES CROUPIERS RC	M: 12	924	00:17:21	00:17:19	Male 40 - 49: 1
13	PAUL JOSUA	SAN DOMENICO	M: 13	694	00:17:26	00:17:23	:
14	PHIL KING	TEAM BATH AC	M: 14	699	00:17:27	00:17:25	Male 50 - 59: 2
15	LANCE COOKSEY		M: 15	948	00:17:40	00:17:39	:
16	SEAN PETTY	BRIDGEND AC	M: 16	951	00:17:47	00:17:45	:
17	RICHARD MILLIER		M: 17	884	00:17:50	00:17:47	Male 40 - 49: 2
18	DAVID JAMES	LES CROUPIERS RC	M: 18	939	00:18:04	00:18:03	Male 60 - 120: 1
19	MATTHEW GREEN	LES CROUPIERS RC	M: 19	681	00:18:12	00:18:08	:
20	ANDREW BLAIR	LES CROUPIERS RC	M: 20	588	00:18:12	00:18:11	Male 50 - 59: 3
21	DALE JOHN		M: 21	947	00:18:23	00:18:19	:
22	PAUL MORTON	LES CROUPIERS RC	M: 22	885	00:18:26	00:18:21	Male 40 - 49: 3
23	OWEN DAVIES	LES CROUPIERS RC	M: 23	667	00:18:28	00:18:25	:
24	STEPHEN ROSE	TEAM BATH AC	M: 24	894	00:18:39	00:18:34	:
25	TOM GWYNNE-HARRIS	LES CROUPIERS RC	M: 25	682	00:18:43	00:18:39	:
26	RYAN BUNCE	BRACKLA HARRIERS	M: 26	613	00:18:45	00:18:40	:
27	JACK WOODHOUSE	NEATH HARRIERS	M: 27	908	00:18:52	00:18:50	:
28	WAYNE HUMPHREYS	LES CROUPIERS RC	M: 28	921	00:19:04	00:19:02	:
29	JAMIE WOOD	HEATH MASSIVE RC	M: 29	905	00:19:07	00:19:02	:
30	ROB SAGE	LES CROUPIERS RC	M: 30	916	00:19:10	00:19:07	:
31	AMY GRIFFITHS	LES CROUPIERS RC	F: 1	927	00:19:11	00:19:09	Overall Female Runner: 1
32	DAVID CRAIG	LES CROUPIERS RC	M: 31	656	00:19:11	00:19:09	:
33	SUSAN BULPIN	SAN DOMENICO	F: 2	928	00:19:15	00:19:12	Overall Female Runner: 2
34	STEPHEN MARTIN		M: 32	926	00:19:17	00:19:15	:
35	GARETH LYNCH	LES CROUPIERS RC	M: 33	953	00:19:22	00:19:17	:
36	LUKE WOODHOUSE	NEATH HARRIERS	M: 34	907	00:19:35	00:19:33	:
37	LENNY SAYERS	LES CROUPIERS RC	M: 35	896	00:19:43	00:19:38	:
38	CASSIA COPELAND	LES CROUPIERS RC	F: 3	944	00:19:45	00:19:39	Overall Female Runner: 3
39	PHILIP HODGE	LES CROUPIERS RC	M: 36	684	00:19:46	00:19:42	:
40	JOSEPH TURNER		M: 37	922	00:19:46	00:19:43	:
41	PHIL BRISTOW	SAN DOMENICO	M: 38	913	00:19:50	00:19:46	Male 60 - 120: 2
42	TOM MORGAN	CDF RUNNERS	M: 39	952	00:19:52	00:19:45	:
43	ANTHONY CUSACK	LES CROUPIERS RC	M: 40	659	00:20:01	00:19:59	:
44	EDWARD MORRIS	LES CROUPIERS RC	M: 41	933	00:20:06	00:20:00	:
45	LEIGH JAMES	BRIDGEND AC	F: 4	685	00:20:13	00:20:10	Female 35 - 44: 1
46	BETHAN MEYRICK	LES CROUPIERS RC	F: 5	910	00:20:14	00:20:09	:
47	IAN OGILVIE	BRACKLA HARRIERS	M: 42	888	00:20:14	00:20:08	:
48	ANDY WILTON	SAN DOMENICO	M: 43	932	00:20:15	00:20:10	:
49	DOUG YOUNG	SAN DOMENICO	M: 44	950	00:20:24	00:20:19	:
50	RICHARD BULLEN	LES CROUPIERS RC	M: 45	601	00:20:25	00:20:20	Male 60 - 120: 3
51	CATHERINE BARKER	PENARTH & DINAS	F: 6	937	00:20:35	00:20:30	Female 45 - 54: 1
52	BETHAN BUTLER-MADDEN	PONTYPRIDD ROADENTS	F: 7	623	00:20:49	00:20:46	Female 35 - 44: 2
53	GIUSEPPE SANTESE	BRACKLA HARRIERS	M: 46	895	00:20:51	00:20:45	:
54	DANIELLE PHILLIPS	LES CROUPIERS RC	F: 8	890	00:20:56	00:20:51	Female 35 - 44: 3
55	TERRY O'BRIEN		M: 47	886	00:21:24	00:21:18	:
56	EDWARD GREEN	CDF RUNNERS	M: 48	934	00:21:30	00:21:22	:
57	EWAN STENHOUSE	CDF RUNNERS	M: 49	941	00:21:31	00:21:22	:
58	JOHN LLOYD	BRACKLA HARRIERS	M: 50	920	00:21:32	00:21:25	:
59	ROBERT EVANS	LES CROUPIERS RC	M: 51	672	00:21:42	00:21:36	:
60	STEVE CHADWELL	LES CROUPIERS RC	M: 52	629	00:21:44	00:21:38	:

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61	SIMON LAMB	SAN DOMENICO	M: 53	954	00:21:50	00:21:46	:
62	MATTHEW BUNCE	BRACKLA HARRIERS	M: 54	618	00:21:52	00:21:44	:
63	JAMES ASHLEY	PARC BRYN BACH	M: 55	912	00:22:00	00:21:53	:
64	PAUL CHAPMAN	LES CROUPIERS RC	M: 56	634	00:22:02	00:21:55	:
65	ANDREW GRAVESON		M: 57	936	00:22:05	00:21:57	:
66	FFION ROBERTS	CDF RUNNERS	F: 9	931	00:22:07	00:21:59	:
67	DAVID. E WILLIAMS	LES CROUPIERS RC	M: 58	903	00:22:13	00:22:07	:
68	RACHEL WALSH	LES CROUPIERS RC	F: 10	899	00:22:17	00:22:09	Female 45 - 54: 2
69	DAVID GEORGE	LES CROUPIERS RC	M: 59	679	00:22:25	00:22:18	:
70	KAY CHAPMAN	LES CROUPIERS RC	F: 11	643	00:22:28	00:22:21	Female 55 - 120: 1
71	EVAN DAVIES		M: 60	918	00:22:33	00:22:23	:
72	RONALD MORRIS	SAN DOMENICO	M: 61	914	00:22:37	00:22:34	:
73	STEVEN PREDDY	LES CROUPIERS RC	M: 62	891	00:22:49	00:22:41	:
74	LUCY GREEN	SAN DOMENICO	F: 12	945	00:23:07	00:23:04	:
75	TERRY CAENEY	LES CROUPIERS RC	M: 63	626	00:23:09	00:22:59	:
76	CLIVE OSMOND	LES CROUPIERS RC	M: 64	889	00:23:11	00:23:02	:
77	CHERYL EVANS	LES CROUPIERS RC	F: 13	915	00:23:13	00:23:04	:
78	PETE WARREN	LES CROUPIERS RC	M: 65	900	00:23:14	00:23:05	:
79	NICK WOODHOUSE	NEATH HARRIERS	M: 66	906	00:23:16	00:23:09	:
80	STEPHEN LOCKE	PONTYPRIDD ROADENTS	M: 67	923	00:23:17	00:23:12	:
81	MARK HERBERT	LES CROUPIERS RC	M: 68	683	00:23:18	00:23:10	:
82	GRAHAM FOSTER	BRACKLA HARRIERS	M: 69	673	00:23:22	00:23:11	:
83	JANE OGILVIE	BRACKLA HARRIERS	F: 14	887	00:23:24	00:23:15	Female 55 - 120: 2
84	MICHELLE AMBLIN	LES CROUPIERS RC	F: 15	929	00:23:32	00:23:23	Female 45 - 54: 3
85	ELAINE WHARMBY	BRACKLA HARRIERS	F: 16	901	00:23:37	00:23:28	Female 55 - 120: 3
86	ROBERT NICHOLLS		M: 70	940	00:23:45	00:23:38	:
87	RAY DAVIES	ABERDARE VAAC	M: 71	917	00:23:47	00:23:38	:
88	ANDY DAVIES	PONTYPRIDD ROADENTS	M: 72	919	00:23:50	00:23:41	:
89	YVONNE BULLEN	LES CROUPIERS RC	F: 17	611	00:24:07	00:23:58	:
90	ALAN MASON	LES CROUPIERS RC	M: 73	871	00:24:13	00:24:03	:
91	REBEKAH MILES		F: 18	949	00:24:53	00:24:43	:
92	SARAH BURDETT	LES CROUPIERS RC	F: 19	620	00:25:02	00:24:52	:
93	MATTHEW ROBERTSON	BRACKLA HARRIERS	M: 74	893	00:25:19	00:25:09	:
94	JENNY MARTIN	LES CROUPIERS RC	F: 20	839	00:25:31	00:25:20	:
95	MICHAEL H DAVIES	LES CROUPIERS RC	M: 75	669	00:25:46	00:25:34	:
96	CELIA BEYNON		F: 21	534	00:25:49	00:25:37	:
97	SIAN TAYLOR	LES CROUPIERS RC	F: 22	898	00:26:03	00:25:51	:
98	IAN BARRETT	LES CROUPIERS RC	M: 76	456	00:26:20	00:26:08	:
99	GRAEME DONNAN	LES CROUPIERS RC	M: 77	671	00:26:20	00:26:10	:
100	JULIE SCHOLEY	LES CROUPIERS RC	F: 23	897	00:27:16	00:27:05	:
101	ANGHARAD DAVIES	BOMBAY RUNNING	F: 24	930	00:27:41	00:27:28	:
102	GERARD CRISPIE	LES CROUPIERS RC	M: 78	658	00:29:42	00:29:31	:
103	GARRY WHARMBY	BRACKLA HARRIERS	M: 79	902	00:30:44	00:30:34	:
104	CLAIR CHARALAMBOUS	LES CROUPIERS RC	F: 25	644	00:31:00	00:30:46	:
105	JEFFREY ASTON	LES CROUPIERS RC	M: 80	454	00:36:18	00:36:06	:
106	JON MARTIN	LES CROUPIERS RC	M: 81	860	00:37:29	00:37:16	:
107	CLARE JOHNSON	LES CROUPIERS RC	F: 26	687	00:38:37	00:38:26	: