

Pontcanna 5 mile 2012

Sunday 17th June

pos	no.	name	club	age group	time
1	918	Stephen Paterson	Les Croupiers	SM	27:25
2	926	Stuart Crees	Les Croupiers	SM	27:26
3	927	Julian Baker	Les Croupiers	MV40	27:48
4	917	Matthew Wells	Bridgend AC	SM	28:06
5	923	Jerome Edwards	Les Croupiers	SM	28:28
6	916	Paul Speyer	Brackla Harriers	SM	29:55
7	919	Dave Headon	Les Croupiers	MV50	30:51
8	922	Jonathon Grimes	San Domenico	SM	30:55
9	915	Mike Murphy	Les Croupiers	MV55	31:01
10	910	Laurie Carter	Chepstow Harriers	MV55	31:04
11	920	Andrew Blair	Les Croupiers	MV45	31:53
12	928	Andrew Jones	u/a	SM	32:23
13	911	Kevin Jones	Vegan Runners	MV45	32:36
14	563	Libby O'Duffy	Les Croupiers	FV40	33:28
15	558	Maria Zubizarreta	Les Croupiers	FV40	33:43
16	925	Alan Mason	Les Croupiers	MV50	33:44
17	909	David Goodall	u/a	MV55	33:49
18	913	Kellinu Portelli	Les Croupiers	MV45	34:41
19	560	Wendy Owen	San Domenico	FV40	34:46
20	929	Christian Vaughan-Morris	u/a	SM	34:46
21	912	Daniel Luffman	u/a	SM	34:47
22	921	Steve Quin	Les Croupiers	MV40	34:58
23	914	Dominic Shields	San Domenico	MV45	35:24
24	930	Gareth Phillips	u/a	SM	35:28
25	554	Hannah Tomas	u/a	SW	35:39
26	530	Jo Skilton	San Domenico	FV50	35:41
27	561	Sarah McCarthy	Les Croupiers	FV40	36:26
28	924	Andrew Ellison	Rhonnda Valley	SM	36:42
29	559	Tracy Edwards	Rhonnda Valley	FV45	39:02
30	562	Julie Scholey	Les Croupiers	FV50	39:43
31	548	Michelle Rivett	Les Croupiers	FV40	43:17
32	557	Gill Murphy	Les Croupiers	FV55	44:15
33	556	Karen Chadwell	Les Croupiers	FV40	44:44
34	555	Amanda Thompson	Les Croupiers	FV50	45:03