

Night of Endurance 2019

T04 1 Mile Race 'B'

All Comers Record:-Male:-Geoff SMITH, England, 3:55.80, 18.08.1981/Female:-Bev NICHOLSON, England, 4:29.48, 17.07.1989

Welsh Record:-Male:-Neil HORSFIELD, Newport Harriers, 3:54.39, 1986/Female:-Kirsty MCDERMOTT, Bristol & West AC, 4:19.41, 27.07.1985

CBP:-

Pos	Bib	Athlete	Club	Heat 1 Perf.
1	55	Jack PUGSLEY - SENM	Les Croupiers RC	05:15.5
2	54	Henry EVANS - U15B	Newport Harriers	05:17.4
3	59	Tomos PHILLIPS - SENM	CDF Runners	05:18.3
4	56	Mark JOYCE - MM45	Les Croupiers RC	05:21.8
5	58	Henry WILLIAMS - U20M	Caldicot Running Club	05:25.2
6	57	Isaac WILLIAMS - U15B	Rhymney Valley AC	05:28.1
7	82	Llinos JONES - MW35	Swansea Harriers	05:32.7
8	60	Mark WILLIAMS - MM60	Parc Bryn Bach RC	06:03.4

T05 1 Mile Race 'A'

All Comers Record:-Male:-Geoff SMITH, England, 3:55.80, 18.08.1981/Female:-Bev NICHOLSON, England, 4:29.48, 17.07.1989

Welsh Record:-Male:-Neil HORSFIELD, Newport Harriers, 3:54.39, 1986/Female:-Kirsty MCDERMOTT, Bristol & West AC, 4:19.41, 27.07.1985

CBP:-

Pos	Bib	Athlete	Club	Heat 1 Perf.
1	46	Liam EDWARDS - U17M	Carmarthen Harriers	04:37.5
2	51	Phil HAMBLETON - SENM	Les Croupiers RC	04:41.2
3	48	Salman MAYGAG - U17M	Cardiff Athletics	04:44.2
4	47	Doug NICHOLLS - MM40	Les Croupiers RC	04:44.9
5	50	Mark FURNISH - SENM		05:07.3
6	53	Matthew HURFORD - MM45	Les Croupiers RC	05:09.2
7	49	Anthony ROPER - MM55	Bristol & West AC	05:11.4
8	52	Vicky JACKSON - SENW	Run4All	05:22.8