

Sat 30th June 2018 First race 4pm



This event will be a series of 10k races seeded on time and will also include a few 1 mile races, we are encouraging the spectators to get close to the action and create a unique atmosphere.

Entry Fees: 10,000m £12
 1 mile £6

Race HQ and Number Collection:
Trackside @ Leckwith Stadium, Cardiff

Parking:
There is parking within the stadium

About the event:

This is a track based meeting that will be aimed at both the local and national endurance running communities, there will be 2 distances on offer over a number of races, these will be **10K** and **1 mile**. The events will be graded on previous/expected times. While the events are taking place we will be encouraging the supporters to get up close and build a good atmosphere. We plan to provide on-going entertainment for the duration of the event.

BEFORE ENTERING PLEASE SEE WEBSITE FOR MORE DETAILS

<http://www.cardiffrunningevents.org/night-of-endurance.php>

Entry is free for spectators.

We are pleased to announce that the event will incorporate the Welsh Senior 10,000m Championships.

Entries will close 1 week before the event (23rd June) so that the seeding can be done.

Night of Endurance

Saturday 30th June 2018 Leckwith Stadium, Cardiff

www.cardiffrunningevents.org

Held under UKA Rules

Licence No.: applied for

Name _____

Address _____

Post Code _____ Phone _____

e-mail _____

Date of Birth _____ Age _____ Male / Female

Athletics Club _____

Welsh Athletics Reg No. _____

Event: 10,000m 1 mile

Recent Performance _____ Predicted Performance _____

Welsh Eligibility: Birth Parentage Residency Not Welsh

Signature _____ Date _____

- Closing Date for Postal Entries : **Saturday 23rd June 2018**
- Cheques payable to : **Phil Cook**
- Send entries to : **Night of Endurance Entries, 148 Campbell Drive, Windsor Quay, Cardiff CF11 7TQ**
- I accept that the organisers shall not be held responsible for any loss, damage, action costs or expenses which may arise in consequence of my participation in this event.