

Cardiff Summer Series 2 mile

Friday 31st May 2019

Pos.	Time	Bib No	Name	Age Group	Gender	Club	
1	00:10:13	926	Oliver Williams	SM	M	White Rock Runners	1st Male
2	00:10:23	963	Alex Jackson	U20M	M	Cardiff AAC	2nd Male
3	00:10:32	950	Alex Price	SM	M	Swansea Harriers	3rd Male
4	00:10:39	949	Owen Morris	SM	M	Aberdare Valley AAC	
5	00:10:44	964	Richard Baker	M45	M	Les Croupiers RC	
6	00:10:45	973	Stuart Crees	M40	M	Les Croupiers RC	
7	00:10:49	941	Liam Griffiths	U20M	M	Aberdare Valley AAC	
8	00:10:58	792	Arwel Evans	SM	M	Rhedwyr Hebog	
9	00:11:07	952	Tom Webb	U17M	M	Parc Bryn Bach RC	
10	00:11:23	20	Paul Josua	SM	M	San Domenico RC	
12	00:11:24	22	Adrian Lewis	M45	M	Aberdare Valley AAC	
11	00:11:24	978	Aeron Evans	SM	M		
13	00:11:26	956	Efan Owen	U20M	M	Cardiff AAC	
14	00:11:35	970	Andy Blair	M50	M	Les Croupiers RC	
15	00:11:37	969	Megan McBrien	SW	F	Royal Sutton Coldfield AC	1st Female
16	00:11:47	780	Lloyd Bridges	U17M	M	Cardiff AAC	
17	00:11:48	5	Laurent Bono	SM	M	Les Croupiers RC	
18	00:11:52	971	Elliott Hardee	SM	M		
19	00:11:57	948	Kevin Plank	M45	M	San Domenico RC	
20	00:12:02	919	Ben Jones	SM	M	CDF Runners	
21	00:12:11	782	Ceri Davies	M40	M	Les Croupiers RC	
22	00:12:12	35	Rhys Simmonds	U17M	M	Cardiff AAC	
23	00:12:15	962	Nathaniel Palmer	M45	M	Les Croupiers RC	
24	00:12:18	968	Hywel Edwards	M45	M	San Domenico RC	
25	00:12:23	957	Sophie Knoyle	U17F	F	Cardiff Archers	2nd Female
26	00:12:24	797	Heather Graz	SW	F		3rd Female
28	00:12:25	979	Shellie Brace	SW	F	Les Croupiers RC	
27	00:12:25	980	Katie Beecher	F40	F	Les Croupiers RC	
29	00:12:27	940	Mark Rideout	M40	M		
30	00:12:29	798	Michael Graz	SM	M		
31	00:12:31	942	Isaac Jones	U17M	M	Cardiff AAC	
32	00:12:35	938	Bethany Gold	U17F	F	Cardiff AAC	
33	00:12:36	925	David Walker	M60	M	Les Croupiers RC	
34	00:12:40	951	Sean Price	M55	M	Les Croupiers RC	
35	00:12:45	9	Kris Emes	M40	M		
36	00:12:46	936	Aled Hughes	M40	M	Ogmore Phoenix Runners	
37	00:12:49	935	Brian Dias	SM	M	Cardiff AAC	
38	00:12:50	965	Dan Lloyd	M40	M	CDF Runners	
39	00:12:52	958	Freya Roberts	U17F	F	Cardiff Archers	
40	00:12:56	26	Gareth Morgan	M45	M	Les Croupiers RC	
42	00:12:57	17	Brendan Jones	M45	M	Les Croupiers RC	
41	00:12:57	36	Mike Murphy	M65	M	Les Croupiers RC	
43	00:12:59	961	Peter Turnbull	M55	M	Les Croupiers RC	
44	00:13:00	939	Millie Gold	U17F	F	Cardiff AAC	
45	00:13:01	29	Steven Preddy	M45	M	Les Croupiers RC	
46	00:13:08	30	Sally Pugsley	SW	F	Les Croupiers RC	
47	00:13:09	920	Neve Jones	U17F	F	Cardiff AAC	
48	00:13:10	981	Liz Neville	F35	F	Les Croupiers RC	
49	00:13:11	972	Gareth Logan	SM	M		
50	00:13:13	932	Joseph Turner	SM	M	SMR	
51	00:13:17	16	Hayley Jackson	F45	F	Parc Bryn Bach RC	
52	00:13:18	824	Simon Harrison	M50	M	Ogmore Phoenix Runners	
53	00:13:19	11	David George	M50	M	Les Croupiers RC	
54	00:13:34	975	Steve Chadwell	M45	M	Les Croupiers RC	
55	00:13:40	928	William Roberts	U17M	M	Cardiff AAC	
56	00:13:48	34	David E Williams	M55	M	Les Croupiers RC	
57	00:13:58	18	Gwyn Jones	M55	M	Les Croupiers RC	

Pos.	Time	Bib No	Name	Age Group	Gender	Club
58	00:14:02	799	Rebeca Harries	U17F	F	Cardiff AAC
59	00:14:05	927	Mick McGeoch	M60	M	Les Croupiers RC
60	00:14:08	931	Keri Jones	F45	F	Parc Bryn Bach RC
61	00:14:14	33	Domenic Shields	M50	M	San Domenico RC
62	00:14:16	974	Terry Caveney	M55	M	Les Croupiers RC
63	00:14:19	937	Stephen Locke	M45	M	Pontypridd Roadents
65	00:14:20	23	Jenny Martin	F35	F	Les Croupiers RC
64	00:14:20	27	Gwynfor Palfrey	M55	M	Blaenau Gwent AC
66	00:14:25	933	Richard Chappelle	SM	M	CDF Runners
67	00:14:26	923	Clive Osmond	M55	M	Les Croupiers RC
68	00:14:27	38	Julie Scholey	F55	F	Les Croupiers RC
69	00:14:33	983	Michael H Davies	M65	M	Les Croupiers RC
70	00:14:36	13	Nick Harris	SM	M	Ogmore Phoenix Runners
71	00:14:42	967	Rebecca Playte	F45	F	Les Croupiers RC
72	00:14:43	953	Kay Chapman	F50	F	Cardiff AAC
73	00:14:44	954	Paul Chapman	M50	M	Les Croupiers RC
75	00:14:48	6	Rosie Bristow	F40	F	Pegasus RC
74	00:14:48	982	Clare Jarrom	F35	F	Les Croupiers RC
76	00:14:55	930	Janine Roberts	F45	F	
77	00:14:58	947	Steve Lewis	M60	M	Les Croupiers RC
78	00:15:04	944	Peter Heath	SM	M	Les Croupiers RC
79	00:15:14	4	Nigel Bleach	M50	M	SMR
80	00:15:14	934	Maddison Gregory	U17F	F	Cardiff AAC
81	00:15:17	800	Dafydd Harries	M40	M	
82	00:15:28	976	Richard Jackson	M50	M	Penarth & Dinas
83	00:15:31	929	Joseff Roberts	U17M	M	
84	00:15:32	955	Caitlin Chapman	U17F	F	Cardiff AAC
85	00:15:36	977	Eve Gallop-Evans	F55	F	Les Croupiers RC
86	00:15:59	32	Helen Robertson	F45	F	Les Croupiers RC
87	00:16:02	966	Josie Postles	SW	F	Les Croupiers RC
88	00:16:44	960	Roshan Khan	M60	M	Les Croupiers RC
89	00:17:01	2	Claire Bell	F55	F	Les Croupiers RC
90	00:17:08	25	Hannah Miles	SW	F	Les Croupiers RC
91	00:17:35	1	Ian Barrett	SM	M	Les Croupiers RC
92	00:18:06	14	Chloe Holst	U17F	F	
93	00:18:08	12	Julie Haigh	F60	F	Caerphilly Runners
94	00:18:35	945	Phil Groves	M55	M	Pegasus RC
95	00:18:59	7	Sandra Caveney	F55	F	Les Croupiers RC
96	00:19:00	24	Jon Martin	M40	M	Les Croupiers RC
97	00:20:26	946	Claire George	F45	F	Les Croupiers RC
98	00:22:27	15	Emma Holst	F45	F	
99	00:25:55	959	Helen Lloyd-Jones	F70	F	Pegasus RC
100	00:26:58	37	Gill Murphy	F65	F	Les Croupiers RC