



Cardiff Running events



WELSH ATHLETICS
ATHLETAU CYMRU

Saturday 30th June 2018

Cardiff International Sports Campus

Timetable

2.30pm	Number collection opens		
4.00pm	Race 1	10K #4	<i>Sub 60</i>
5.10pm	Race 2	1 mile #4	
5.25pm	Race 3	10K #3	<i>Sub 45:30</i>
6.20pm	Race 4	1 mile #3	
6.35pm	Race 5	10K #2	<i>Sub 40:30</i>
7.25pm	Race 6	1 mile #2	
7.35pm	Race 7	1 mile #1	
7.45pm	Race 8	10K #1	<i>Sub 35:30</i>